Welcome to Your Preventive Care Toolkit

In this zip file, you'll find resources to encourage your employees to take advantage of fully covered preventive care services. These communications and reminders will go a long way in helping keep your team and your business healthy.

Item	Description	Format/Usage
Ready-to-Send Employee Emails	3 drafted emails for you to send to your team: 1. Importance of preventive care (Note: attach checklist files) 2. Understanding what's covered by HDHPs 3. Overcoming doctor office anxiety (Note: attach tips handout)	**Microsoft Word Document** Copy and paste the emails directly into your message and attach the corresponding files if indicated.
Checklists	3 checklists (men's health, women's health, children's health) to help your team and their families stay on top of preventive care. **Print Specs:** • Finished Size: 8.5" x 11" • Color: 4/4, bleeds • Recommended Stock: 100# text	**Print-Ready PDFs:** Share electronically and/or print out copies for your team.
Posters	3 preventive care posters outlining general preventive care, heart health, and what services are covered. **Print Specs:** • Finished Size: 11" x 17" • Color: 4/4, bleeds • Recommended Stock: 80# cover	**Print-Ready PDF** Hang around your organization in common areas such as kitchens, break rooms, and hallways.
Handout	1 handout featuring tips on overcoming doctor office anxiety. **Print Specs:** • Finished Size: 8.5" x 11" • Color: 4/4, bleeds • Recommended Stock: 100# text	**Print-Ready PDFs:** Share electronically and/or print out copies for your team.

Questions? If you have any questions, reach out to your Account Manager for more information or visit ExcellusforBusiness.com to get in touch.