











# Free even with your HDHP.

## Take advantage of preventive care, online tools, and more!



Did you know that preventive care services are fully covered, even with your high deductible health plan? Download the Excellus BCBS app and create your online member account to see what else your plan includes.

### Preventive care keeps you healthy. And it’s covered.\*

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|--|---|
|  Annual Routine Checkup             |  Diabetes Screening    |
|  Annual OB/GYN Visit                |  Immunizations         |
|  Cholesterol Screening              |  Mammography Screening |
|  Colonoscopy Screening              |  Prostate Testing      |
|  Contraceptive Methods & Counseling |  Well-Child Visit      |

See the full list of preventive care services available to you at  
**ExcellusBCBS.com/PreventiveCare**

Download the **Excellus BCBS app**  
and register your online account.



\*A well visit or preventive service can sometimes turn into a “sick visit,” in which out-of-pocket expenses for deductible, copay and/or coinsurance may apply. There may also be other services performed in conjunction with the above preventive care services that might be subject to deductible, copay and/or coinsurance. Covered services do not include procedures, injections, diagnostic services, laboratory and X-ray services, or any other services not billed as preventive services. Copyright © 2020, Excellus BlueCross BlueShield, a nonprofit independent licensee of the Blue Cross Blue Shield Association. All rights reserved. Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex. Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros. 注意：如果您说中文，我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

**Everybody Benefits**