

Personify+

Wellbeats Wellness Essential

Fitness, nutrition, and mindfulness – *Wellbeats Wellness*, a product of LifeSpeak Inc., empowers people of every age, interest, body type, and ability to take control of their health. Wellbeats creates the wellbeing community your employees need.

7.8

Monthly average class plays per engaged member

73

Net Promoter Score with 4.6/5 average class star rating

1,200+

On-demand classes for all abilities

Wellbeats Digital Content Library

Discover a curated collection of over 1,400+ fitness, nutrition, and mindfulness classes for a happier, healthier population. With classes ranging from yoga, running, walking, nutrition, cycling, and more!

Goal-based programs

Stay motivated and on track with programs designed to support employees on their health journey, driving real results. These programs provide guidance to help achieve specific health and wellness goals.

Certified instructors

Access education-based classes led by world-leading relatable experts for a supportive, and engaging experience.

