

READ ME FIRST

October is Breast Cancer Awareness Month. The zip file contains some resources to share with your employees and links for more information on the topic.

Here are some ways you can support your employees (resources attached):

- Promote the importance of preventive care, including breast cancer screenings.
- Share the enclosed flyers with employees.
- Consider revising your paid time off or sick time policy to cover preventive care.
- Provide appropriate support for nursing mothers at your organization.

Here are some additional resources:

- Centers for Disease Control and Prevention (CDC), [Breast Cancer](#)
- American Cancer Society, [Breast Cancer](#)
- [U.S. Preventive Services Task Force, Breast Cancer Screening](#)
- [U.S. Department of Health & Human Services, Supporting Nursing Moms at Work](#)